



An integral ingredient in the Restoring Cellular Communication Programme™

# SpectraLyte

Right spinning ionic trace minerals and alkalizing electrolytes  
120 mL/4 oz. Tincture

## Patient Reference

### Matrix Nutritional

### Ionic Trace Minerals and Electrolytes

**Matrix Nutritionals Series** was designed as an eclectic offering for the Physica Energetics line of remedies primarily to assist in the “reactivation of the mesenchyme” (Dr. Reinhold Voll), via the nutritional complement pathways. These pathways are present in every system throughout the body and require balanced attention. In keeping with the principles of BioEnergetic Medicine, the remedies nourish and support these systems without punishing them with overstimulation or imbalancing factors, which, ultimately, is counterproductive. This approach has been carefully and respectfully designed to provide the necessary natural (organic where available), synergistic factors in proper energetic and biochemical ratios, to ensure assistance towards yielding a deep and lasting result. They are not to be confused with replacement therapy nutraceuticals that may seem to help for the moment, until the patient stops taking them or the condition is driven deeper. These remedies honour The Legacy of BioEnergetic Medicine, and are known by both patient and practitioner to be exceptionally effective.

**Trace minerals are required for almost every biochemical reaction in the body.** They are found in dissolved form in the blood stream, lymphatic fluid and both intra and intercellularly. In their ionized form, many trace minerals act like electrolytes, capable of creating and maintaining the electrical currents that regulate the heart-beat, muscle contractions and nerve transmissions.

**Electrolytes are required to regulate acid-base balance and fluid distribution throughout the body.** They act as cofactors in many enzymatic processes, and are important for the production of energy via cellular respiration and the electron transport chain. Electrolytes work both individually and collaboratively, therefore balanced levels of all electrolytes are needed for proper functioning of the body’s many systems.

**The specific electrolytes, sodium, potassium, calcium and magnesium help to transport nutrients into the cell and move toxic waste across the extracellular space into the bloodstream and lymphatic vessels.** A healthy mineral balance is required for natural detoxification by the body and is critical for any heavy metal detoxification program to be successful.

**Trace minerals and electrolytes are lost from the body in sweat, via the gastrointestinal tract and with the use of diuretics including coffee, tea and alcohol.**

**Soil erosion and food processing has depleted natural dietary sources of trace minerals and many individuals today are suffering from the effects of decreased mineral status.** Infants and older adults are at a higher risk for electrolyte imbalance as their kidneys are not as efficient at balancing fluid and electrolyte levels as healthy adults.

**SpectraLyte is a broad spectrum, alkalizing trace mineral formulation** that provides the body with a natural blend of positively and negatively charged ionized trace minerals for easy assimilation and wide spectrum cellular support. **SpectraLyte** contains all of the trace elements required to regulate blood pH levels, maintain chemical gradients, nerve transmissions and fluid distribution throughout the body.

**SpectraLyte is ideal as a daily alkaline trace mineral and electrolyte replenishment for everyone, especially where the mineral electrolyte balance has become compromised e.g. hormones, fatigue, prolonged illness, structural challenges, digestive disturbances, brain, nerves and cardiac, enhanced memory support, healthy moods etc.**

#### Ingredients:

Full complement of 72 ionic trace minerals and alkalizing electrolytes

*According to Herman Aihara, the father of modern Macrobiotics, we still carry our own inner sea within each of us in the form of a saline interstitial fluid. This is the fluid that carries nutrients, signaling messages, energy, and even toxins to every part of our body, and carries away the same toxic elements and more, as a result of daily metabolic process.*

