



# Temple Warrior – Lung

Concentrated Ethno Botanical Tincture  
Spagyric Chinese Botanical Based on Yin Qiao & Gan Mao Ling  
60 mL/2 oz. NPN 80059409

## Patient Reference

### Intrinsic Spagyric Botanicals

### Colds & Flu / Deficient Lung Immune

**The Intrinsic Spagyric Botanicals** are handmade remedies manufactured in accordance with the proven laws and time-honoured processes of Spagyricism, laid down hundreds of years ago. It takes 60-90 days to make the concentrated tincture which has been decanted into a 60mL cobalt blue bottle (protects the remedy). Labelling and bottling are performed without electricity. All raw materials are bio-dynamically grown or wildcrafted, and draw from the finest ancient and modern traditions of herbal medicine from the West, Ayurvedic India, South American Amazon, and Traditional Chinese Botanicals. The name of the (ethno) Intrinsic formulas represents the keynote focal remedy ingredients to which the other ingredients constellate, differentiate and amplify.



Temple Warrior is a Spagyric botanical tincture formulation based on Gan Mao Ling & Yin Qiao classical, patented, Chinese formulas recommended when a common cold or flu virus is developing.

Well known as “Miraculous Cold Formula” this trusted combination is recommended in the early stage of a cold, usually the first 24 to 36 hours, when symptoms of sore throat, runny nose or slight malaise are noticed. The tincture can be used for the duration of the cold for throat, lungs, and sinuses.

According to Chinese medical theory, cold and flu viruses are abundant in the air we breathe, and the “wind” blowing into our nose and mouth may drive the pathogen deep into the body.

Once inside the body, the cold/flu virus can trigger an upper respiratory tract infection, sore throat, cough, stuffy nose, and a host of other symptoms.

Chinese herbalists believe that cold/flu germs remain on the “surface” for a short period of time after entering the body. It is during this critical time that this

herbal formula can be most effective in helping ignite and promote the body’s immunity.

This formula has long been used in China to help the body relieve stress from symptoms associated with both wind-cold (colds) and wind-heat (flu). TCM practitioners know that these herbal patent formulas may be useful in lessening the severity of cold / flu symptoms by providing strength and nourishment immediately after the body becomes infected.

*Temple Warrior* can be taken at the early stages of a cold, throughout the infection, and for a few days afterwards to solidify the healing process.

It may also be used preventatively, especially when the patient is run down or is in the vicinity of groupings of infected people such as in airplanes, offices, schools, etc.

*At the onset of symptoms, many practitioners recommend taking 30 drops every hour for the first day and then 30 drops 6x daily for the 2nd and 3rd day.*

*After that 30 drops 2x daily as a restorative and preventative.*

#### Ingredients:

Andrographis (flower) Andrographis Paniculata  
Angelica (root) Angelica Dahurica  
Baphicacanthus (leaf) Isatis Tinctoria  
Citrus (peel) Citrus Reticulata  
Fenugreek (seed) Trigonella Foenum-Graecum  
Forsythia (fruit) Forsythia Suspensa  
Isatis (root) Baphicacanthus Cusia  
Ledebouriella ‘Siler’ (root) Ledebouriella Divaricatum

Licorice (root) Glycyrrhiza Uralensis  
Lonicera (flower) Lonicera Japonica  
Magnolia (flower) Magnolia Liliiflora  
Platycodon (root) Platycodon Grandiflorum  
Scutellaria (root) Scutellaria Baicalensis  
Wild Chrysanthemum (flower) Chrysanthemum Indicum  
Xanthium (fruit) Xanthium Sibiricum

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